



Aba Daba Rents

4351 Auburn Blvd.
Sacramento, CA 95841-4152
(916) 484-7368 Fax (916) 482-2552
www.abadaba.com

Safety Rules for Lift Truck Operators

Max 8 hours **use on** meter per 24 hours. **All rates** plus fuel and tax.

This item contains one or more chemicals known to the State of California to cause cancer, birth defects or other reproductive harm.

1. Operator must be certified in accordance with OSHA.
2. Avoid lifting or hitting anything if it appears that it could fall on the operator or a bystander. Remember a truck with an overhead guard and load backrest extension provides reasonable protection to the operator from falling objects, but cannot protect against every possible impact.
3. No riders. Use secured safety platform when lifting personnel.
4. Keep arms, legs, etc. inside the driver's compartment
5. Keep yourself and all others clear of hoisting mechanism.
6. Allow no one under load or carriage. Trucks shall not be driven up to anyone standing in front of a bench or other fixed object.
7. Report damage or faulty operation immediately - DO NOT operate truck until corrected.
8. Avoid bumps, holes, slick spots, and loose materials that may cause truck to swerve or tip.
9. Travel slowly around comers. Sound horn at doors and blind comers.
10. Shut off engine, lower carriage completely, and set parking brake when leaving truck! Block wheels when on an incline or working on truck.
11. DO NOT turn on an incline. Fasten your seat belt. Avoid sudden starts and stops.
12. DO NOT fill fuel tank while engine is running.
13. Watch clearances, especially forks, upright, overhead guard, and tail swing.
14. Observe the following load handling procedures:
 - a. Handle loads within rated capacity.
 - b. Handle only stable loads
 - c. Center weight of wide loads between forks.
 - d. Watch "swing" when handling long loads
 - e. Keep load against carriage.
 - f. Do not travel with load raised.
 - g. For better vision with bulky loads, travel in reverse but
 - Keep a proper lookout in the direction of travel.
 - Keep the load upgrade on grades of 10% or more.
 - h. Lift and lower with mast vertical or tilted slightly back. Tilt elevated load forward only when directly over unloading place. If load or lifting mechanism is elevated to pick up or deposit a load, keep tilt in either direction to a minimum.
15. Drive carefully, observe traffic rules, and be in full control of the truck at all times.

Beware of Overhead Power Lines

Stay at least 10 feet away from overhead power lines.

Survey your job site every day to find overhead power lines, poles, and guy wires.

- Point out power lines at your work briefings.
- Assume all overhead lines are energized and potentially dangerous, including the service drops that run from utility poles to buildings.

Clearly mark boundaries to keep workers, vehicles, and equipment at least 10 feet away from overhead lines. Higher voltage requires greater clearance.

If Your Equipment contacts a Power Line

Stay on the equipment and warn others away.

- Move the equipment away from the line, if you can do so safely.
- Stay on the equipment until utility workers say it's safe to get off.
- Warn others **away**. Anyone on the ground who touches the equipment may be injured or killed.
- Have someone call 911 and SMUD immediately at 1-888-742-7683

If fire forces you off, jump clear, keeping both feet together and without touching the equipment and the ground at the same time. Shuffle away with small steps, keeping your feet together and on the ground. Or, hop away on two feet, keeping your feet together.

Don't Risk It! Use a Spotter

A spotter helps you stay clear of overhead lines.

No equipment operator working alone can safely judge the distance from the equipment to overhead power lines. Work with a spotter whose only responsibility is to keep you and your equipment a safe distance from overhead lines and other hazards.

When a crane or other equipment hits an overhead power line, workers on the ground guiding the load are in the most danger. Electricity can travel through the tag line and through you. Don't risk injury or death by trying to guide a load and spot at the same time. Rely on a designated spotter to help keep you clear of power lines.